

## Some aspects of molecular diagnostics in Lynch syndrome

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### Abstract

This manuscript is composed of five parts which summarize five publications in succession. Essentially, they are concerned with molecular diagnostics of Lynch syndrome and are based on studies in 238 families. The finding that young age at diagnosis is the key feature in patients with *MSH2* and *MLH1* mutations (Part 1) has helped to define simple criteria for the preliminary diagnosis of this syndrome. A cheaper method for the detection of mutations has been developed (Part 2) and applied to study the types of mutations and their prevalence in Poland (Part 3) and the Baltic States (Part 4). A specific feature of these mutations, i.e. presence of recurrent mutations in the majority of affected families with mutations, has suggested the feasibility of effective diagnostics with a single test disclosing all of them. An attempt to reveal other causes of familial aggregation of colorectal cancer has ruled out any association with C insertion in the *NOD2* gene (Part 5).

### Introduction

More than 90 years ago, Warthin described a family in which members from several generations died at a young age because of colorectal cancer (CRC) or carcinoma of the endometrium [1]. The clinical characteristics of this disorder, called hereditary non-polyposis colorectal cancer (HNPCC) or Lynch syndrome, which was the reason for the early dead cases in that family, were shown many years later by Lynch [2]. The members of families with Lynch syndrome are particularly at risk of developing cancers of the colon and endometrium inherited as monogenic disorders with high penetration in an autosomal dominant manner. Today it is well known that this disorder results from a mutation carrier state in one of the mutator genes and can be defined as hereditary deficiency of mismatch repair (MMR) activity. There are at least four genes definitely associated with HNPCC, and these include *MLH1* [3], *MSH2* [4], *MSH6* [5] and *PMS2* [6]. Two further genes, *MLH3* and

*PMS1*, have also been implicated in HNPCC, but their role is less clear [7-9]. The majority of mutations lead to truncation of the encoded protein (based on the *Insight* database – <http://www.insight-group.org/>). Usually, pathogenicity of mutations is caused by the loss of an important protein domain or a change of structure in the site of interaction with other mismatch repair proteins. Deficiency of MMR activity manifested as microsatellite instability (MSI) and loss of expression of mutated genes in cancer has been used as a pre-selective factor in many diagnostic procedures, also investigated by the author [10, 11]\*.

At first, diagnosis of this syndrome was based mainly on the Amsterdam criteria (Table 1), which were proposed by the International Collaborative Group on HNPCC – ICG-HNPCC [12].

Afterwards, these criteria were expanded [13] by adding cancers characteristic for HNPCC tumours such as: endometrium, small intestine, urinary tract (*HNCCP related cancer* – HNPCC-rc). Despite all the

**Table 1.** Diagnostic criteria of HNPCC according to ICG-HNPCC

Amsterdam criteria I	Amsterdam criteria II
Colorectal cancer confirmed histologically in at least three affected relatives, one of whom is a first-degree relative of the other two	Cancer <sup>1</sup> confirmed histologically in at least three affected relatives, one of whom is a first-degree relative of the other two
At least two first-degree relatives in two successive generations	At least two first-degree relatives in two successive generations
At least one member diagnosed with colorectal cancer before age 50 years	At least one member diagnosed with cancer <sup>1</sup> before age 50 years
Familial adenomatous polyposis has been excluded	Familial adenomatous polyposis has been excluded

<sup>1</sup>colorectal or endometrial or small intestine or urinary tract cancer (HNPCC-related cancers).

**Table 2.** Park I criteria for suspected HNPCC families (according to [16]\*). At least one item in each category must be met (A or B) and (C or D or E)

Category I	Category II
A – vertical transmission of colorectal cancer	C – multiple colorectal tumours (including polyps)
B – at least two siblings affected with colorectal cancer in a family	D – at least one colorectal cancer diagnosed before the age of 50 years
–	E – development of extracolonic cancer (endometrium, small intestine, urinary tract, stomach, hepatobiliary system or ovary) in family members

modifications, it appears that their sensitivity was not adequate. In a population tested by Syngal et al. [14], 39% of families with *MSH2* and *MLH1* mutations did not fulfil the Amsterdam criteria. Better criteria, concerning sensitivity, were the Bethesda criteria [15], which were not sufficiently specific. The criticism of the Amsterdam criteria led to the definition of other criteria, which could not be as specific as previous, but which have greater application in practical diagnosis. These criteria, acknowledged by an international group of specialists from ICG-HNPCC, were in year 2000 the Parks criteria (developed by using information about families with mutations detected in the Pomeranian Academy of Medicine in Szczecin) [16]\*, which were modified later [17]\*.

Analysis of information from the literature, related to correlation between occurrence of constitutional mutations in the *MSH2* and *MLH1* genes, and the clinical and pedigree features, allowed the hypothesis to be made that in families with CRC aggregation unclassified to the Amsterdam criteria prevalence of *MSH2* and *MLH1* gene mutations is very high and sequencing without any pre-selection can be applied if cancers are diagnosed at early age [14, 18-22].

## PART 1

### Age at diagnosis of colorectal cancer as a predictor of mutations of *MSH2* and *MLH1* genes in families suspected of HNPCC

(Based on publication no. 1: Age at diagnosis of cancer as predictor of mutation occurrence in families suspected of HNPCC [23]\*)

Analysis of significance of age at cancer diagnosis as a factor allowing identification of a subgroup of patients with a high frequency of *MSH2* and *MSH1* mutations among families that fulfil suspected HNPCC criteria was performed. In this study frequency of mutation of *MSH2* and *MLH1* was compared between groups of patients matching the Park I criteria and discriminated by the age of diagnosis. DNA from thirty-one unrelated patients affected by colorectal cancer from families matching the above criteria [16]\* (Table 2) was studied by direct sequencing for occurrence of *MSH2* and *MSH1* gene mutations.

Seven mutations were detected: five in the *MLH1* gene and two in the *MSH2* gene. All seven mutations were found in a subgroup of 19 patients with cancer diagnosed before the age of 50 years. In a subgroup

**Table 3.** Modified criteria for suspected HNPCC families

I – at least one HNPCC cancer (colorectal, endometrial, small intestine, urinary tract) has been diagnosed in first-degree relatives of patient with colorectal cancer
II – at least one of them was diagnosed before the age of 50 years
III – FAP has been excluded

of 12 patients with cancer diagnosed at an older age only one case of *MLH1* alteration of unknown significance was detected. Our results indicate that early age at cancer diagnosis seems to be a crucial pedigree factor in discrimination of patients with *MSH2* or *MLH1* mutations among families suspected of HNPCC and matching Park's criteria I.

The meaning of criteria of age at diagnosis and presence of at least two cancers diagnosed in first-degree relatives in kindreds was verified on greater genetic material, with cooperation of the Pomeranian Academy of Medicine in Szczecin with German and Danish scientists, entitled: Nuclear Pedigree Criteria of Suspected HNPCC [24]\*. That canon has become the main standard, used in daily work with patients suspected of HNPCC. The criteria are summarized in Table 3.

Analysis of families with HNPCC based only on pedigree and clinical criteria is insufficient, because it did not allow definite identification of patients suspected of HNPCC, or eliminate from the group at risk patients without any mutations. Currently, clinical and pedigree criteria are used to pre-select patients diagnosed by molecular diagnostics.

## PART 2

### **Molecular techniques for the detection of mutations – mutation analysis of *MSH2* and *MLH1* genes using DHPLC (Based on publication no. 2: Mutation analysis of *MLH1* and *MSH2* genes performed by denaturing high-performance liquid chromatography [25]\*)**

The most sensitive mutation detection technique is considered to be direct sequencing. The first mutations in Polish families with HNPCC [26, 27]\* were detected by the mentioned technique in the Pomeranian Academy of Medicine, Szczecin, Poland. However, sequencing of *MLH1* and *MSH2* genes is technically demanding, time-consuming and expensive for Polish economic conditions. Reduction of costs was possible by using a cheaper screening method to detect changes in DNA and reduce DNA sequencing only to confirm this. The Pomeranian Academy of Medicine in Szczecin initially tried to obtain some savings using single-strand conformation polymorphism (SSCP). Unfortunately these techniques were not sensitive enough to detect mutations as well as

direct sequencing. Also the trial of reduction of cost by sequencing cDNA obtained by reverse transcription of DNA to detect mutations [28]\* turned out not to be sufficiently helpful in practice. The main reason for that was the difficulty in organization to achieve suitable quality of material to isolate RNA.

Studies show very high sensitivity of denaturing high-performance liquid chromatography (DHPLC) in detection of mutations of different genes [29], which leads us in the current paper to make an attempt to develop an economical version of this method, in relation to *MLH1* and *MSH2* – the main genes connected with HNPCC. It was based on establishing of optimal terms of chromatographic development: the temperature and gradient profile for 36 amplicons of *MLH1* and *MSH2* genes. We investigated the sensitivity and specificity of DHPLC analysis for the detection of mutations. For the studies we took 46 patients with CRC from families with HNPCC. 19 patients had previously been identified by DNA sequencing. In 27 patients (who had not previously been tested) 16 rare changes were detected, including 4 mutations not described earlier in other populations. Generally, we did not observe false positive or false negative results. Elution profiles were highly characteristic for a given change and in 98.5% of cases allowed the distinction between novel alterations and previously identified mutations and polymorphisms. For the detection of changes in almost all amplicons, it was sufficient to use just one denaturing temperature. Results of this study support that DHPLC is a highly sensitive, specific and cost-effective technique with a particularly high potential for diagnostic laboratories involved in the identification of *MSH2* and *MLH1* gene mutations.

## PART 3

### **Types and prevalence of *MSH2* and *MLH1* mutations in HNPCC families from Poland (Based on publication no. 3: Germline *MSH2* and *MLH1* mutational spectrum including large rearrangements in HNPCC families from Poland (update study) [30]\*)**

Currently, 448 different mutations from different populations have been reported in these genes as

described in the Insight Group Database. *MLH1* and *MLH2* genes show abnormalities in almost 90% of HNPCC families with identified germline mutations. The majority of reported *MLH1* and *MSH2* mutations are dispersed throughout the 35 exons of these two genes. The majority of mutations are frameshift or nonsense mutations that lead to truncated proteins. Recently it has been suggested that genomic deletions of one or more exons account for a significant percentage of the *MSH2* and *MLH1* mutations [32-38]. Many of the *MSH2* and *MLH1* changes including large deletions are recurrent and are described as founder mutations in particular populations [33, 35-44]. To develop efficient DNA-testing protocols, it is important to describe the nature and frequency of mutations in different ethnic groups. Herein, we describe the results of analyses of detecting *MSH2* and *MLH1* gene mutations in a series of 226 HNPCC families from all regions of Poland (among all publications of that kind, this is the biggest in Eastern Europe and one of the biggest in the whole world)

DNA was extracted directly from blood leukocytes. To confirm some mutations, RNA-sequencing and tissues from paraffin block were also used. RNA-sequencing template was used for patients with deletions detected by the MLPA assay of genomic DNA. Some of the mutations were confirmed by immunohistochemical staining of tumour tissues. For the studies we took unrelated patients from families matching the Amsterdam II criteria or at least our modified criteria (Table 3). Patients used for this study were ascertained from the following regions: Białystok – 2, Bydgoszcz – 9, Bytom – 2, Gdańsk – 10, Gliwice – 1, Gorzów – 3, Jelenia Góra – 1, Kielce – 18, Koszalin – 4, Kraków – 7, Legnica – 4, Lublin – 4, Łódź – 3, Olsztyn – 27, Opole – 6, Poznań – 13, Rzeszów – 2, Szczecin – 71, Świdnica – 7, Świnoujście – 1, Warszawa – 3, Wrocław – 16 and Zielona Góra – 12.

This study was approved by the Institutional Human Ethics Review committee of the Pomeranian Medical University.

Among 78 families, 50 different pathogenic mutations were found, 25 in *MSH2* and 25 in *MLH1* (Table 4).

Twenty-four mutations have not been described earlier in other populations. Among 78 families with *MLH1* and *MSH2* mutations, 54 (69.2%) were affected by recurrent mutations including 38 found at least twice in our own series. Two of the most frequent alterations were a substitution of A to T at the splice donor site of intron 5 of *MSH2*, which is the most common mutation in the

world connected with HNPCC [45], and a missense change (A681T) of *MLH1* found in 10 and 8 families, respectively.

Using MLPA analyses revealed 7 patients with 6 different deletions. This equates to almost 10% of probands with identifiable *MSH2* and *MLH1* mutations. Five different deletions were detected in *MSH2*. Two of these showed loss of single exon 9, which is located between two large introns.

Our results indicate that a screening protocol that is limited to the detection of all reported mutations will result in the identification of the majority of changes present in *MLH1* and *MSH2* genes in Polish HNPCC kindreds.

## PART 4

### Types and prevalence of *MSH2* and *MLH1* mutations in HNPCC families from the Baltic States

(Based on publication no. 4: Germline *MSH2* and *MLH1* mutational spectrum in HNPCC families from Poland and the Baltic States [46]\*)

Genetic disease shows population distinctiveness at a molecular and clinical level. However, some changes are recurrent and are described as founder mutations in particular populations. To develop efficient DNA testing, it is important to describe the nature and frequency of mutations that are characteristic of particular ethnic groups. The *MSH2* and *MLH1* mutation spectrum has been investigated in the Eastern Europe region by the author in a paper from 2002 [46]\*. We screened 101 HNPCC kindreds fulfilling the Amsterdam II diagnostic criteria or our suspected HNPCC criteria (Table 3). The results concerning 89 Polish families were described in Part 3 of the current paper. Also there were 12 families tested, 6 from Lithuania, 3 from Latvia and 3 from Estonia. Among patients from the Baltic States, there were found two mutations and one change suspected of pathogenic character. Two of the most frequent mutations identified in Poland were also found in Lithuanian families, suggesting a common history. Poland and the Baltic States may have more common mutations than reported here since the number of samples from Estonia, Latvia and Lithuania were too small to make the appropriate comparisons.

In summary, it seems likely that the *MSH2* and *MLH1* changes described here are representative of the majority of HNPCC mutations in families from this region. Therefore, we believe it is justified to develop a DNA testing strategy based on the preferential analysis of changes identified from this population.

**Table 4.** Germline *MSH2* and *MLH1* mutations in Polish HNPCC families

Mut. No.	Gene/exon or intron	Position of nucleotide with mutation	Consequence	Number of families	Reported in other populations
1.	<i>MSH2</i> /1	c.4 G>A	A2T	1	yes
2.	<i>MSH2</i> /1–6	unknown	del ex1–6 in DNA <sup>1</sup>	1	?
3.	<b><i>MSH2</i>/2</b>	<b>del/ins<sup>2</sup></b>	<b>Premature nonsense codon</b>	<b>1</b>	<b>no</b>
4.	<i>MSH2</i> /3–6	unknown	del ex3–6 in DNA	1	?
5.	<i>MSH2</i> /3	c.435T>G	I45M	1	yes
6.	<b><i>MSH2</i>/3</b>	<b>c.613G&gt;T</b>	<b>E205X</b>	<b>1</b>	<b>no</b>
7.	<b><i>MSH2</i>/SD3</b>	<b>c.645 + 1g&gt;t</b>	<b>del ex3 no reading frame shift</b>	<b>1</b>	<b>no</b>
8.	<b><i>MSH2</i>/4</b>	<b>c.715 C&gt;T</b>	<b>Q239X</b>	<b>1</b>	<b>no</b>
9.	<i>MSH2</i> /SD5	c.942 + 3a>t	del ex5 no reading frame shift	10	yes
10.	<b><i>MSH2</i>/7</b>	<b>c.1204C&gt;T</b>	<b>Q402X</b>	<b>1</b>	<b>no</b>
11.	<b><i>MSH2</i>/7</b>	<b>c.1215C&gt;A</b>	<b>Y405X</b>	<b>1</b>	<b>no</b>
12.	<i>MSH2</i> /7	c.1216C>T	R406X	2	yes
13.	<i>MSH2</i> /7–16	unknown	del ex7–16 in DNA <sup>3</sup>	1	?
14.	<i>MSH2</i> /8	unknown	del ex8 in DNA <sup>4</sup>	1	?
15.	<i>MSH2</i> /9	unknown	del ex in DNA <sup>4</sup>	2	?
16.	<b><i>MSH2</i>/SD10</b>	<b>c.1661 + 5g&gt;c</b>	<b>del ex10 with reading frame shift</b>	<b>1</b>	<b>no</b>
17.	<b><i>MSH2</i>/11</b>	<b>c.1705–1706delGA</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
18.	<b><i>MSH2</i>/12</b>	<b>c.1771–1772insA</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
19.	<i>MSH2</i> /12	c.1968C>G	R656X	1	yes
20.	<i>MSH2</i> /13	c.2131C>T	R711X	1	yes
21.	<b><i>MSH2</i>/SD13</b>	<b>c.2210 + 1g&gt;c</b>	<b>del ex13 with reading frame shift</b>	<b>1</b>	<b>no</b>
22.	<b><i>MSH2</i>/14</b>	<b>c.2305delT</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
23.	<b><i>MSH2</i>/14</b>	<b>c.2388delT</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
24.	<b><i>MSH2</i>/14</b>	<b>c.2422G&gt;T</b>	<b>E808X</b>	<b>2</b>	<b>no</b>
25.	<i>MSH2</i> /SD15	c.2634 + 1g>a	del ex15 with reading frame shift	1	yes
26.	<b><i>MLH1</i>/1</b>	<b>c.37delG</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
27.	<i>MLH1</i> /1	c.66delG	reading frame shift	1	yes
28.	<i>MLH1</i> /1	c.83C>T	P28L	3	yes
29.	<b><i>MLH1</i>/2</b>	<b>c.161delG</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
30.	<i>MLH1</i> /2	c.184C>T	Q62X	2	yes
31.	<i>MLH1</i> /2	c.199G>A	G67R	1	yes
32.	<b><i>MLH1</i>/3</b>	<b>c.256C&gt;T</b>	<b>Q86X</b>	<b>1</b>	<b>no</b>
33.	<i>MLH1</i> /4	c.350C>T	T117M	1	yes
34.	<b><i>MLH1</i>/4</b>	<b>c.356–357insAA</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
35.	<b><i>MLH1</i>/5</b>	<b>c.392C&gt;A</b>	<b>S131X</b>	<b>1</b>	<b>no</b>
36.	<i>MLH1</i> /7SA	c.546–2a>g	del ex7 with reading frame shift	1	yes
37.	<i>MLH1</i> /SD8	c.677G>T	del ex8 with reading frame shift	3	yes
38.	<b><i>MLH1</i>/10</b>	<b>g.37019613–37020677del1064</b>	<b>del ex10 in DNA<sup>4</sup></b>	<b>1</b>	<b>no</b>
39.	<b><i>MLH1</i>/SD10</b>	<b>c.883delAGgt</b>	<b>del ex10 with reading frame shift</b>	<b>1</b>	<b>no</b>
40.	<b><i>MLH1</i>/SD10</b>	<b>c.883A&gt;C (c.884-2A&gt;C)</b>	<b>del ex10 with reading frame shift</b>	<b>1</b>	<b>no</b>
41.	<b><i>MLH1</i>/12</b>	<b>c.1252–1253delGA</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>
42.	<i>MLH1</i> /12	c.1321G>A	A441T	3	yes
43.	<i>MLH1</i> /SD12	c.1409 + 1g>c	del ex12 with reading frame shift	1	yes
44.	<i>MLH1</i> /13	c.1489–1490insC	reading frame shift	3	yes
45.	<i>MLH1</i> /15	c.1672G>T	E558X	1	yes
46.	<i>MLH1</i> /15	c.1731G>A	del ex15 with reading frame shift	1	yes
47.	<i>MLH1</i> /16	c.1852–1854delAAG	618delK	1	yes
48.	<b><i>MLH1</i>/18</b>	<b>c.2040C&gt;A</b>	<b>C680X</b>	<b>1</b>	<b>no</b>
49.	<i>MLH1</i> /18	c.2041G>A	A681T	8	yes
50.	<b><i>MLH1</i>/19</b>	<b>c.2223delGCAGCTTGCTA</b>	<b>reading frame shift</b>	<b>1</b>	<b>no</b>

? – definite answer is difficult without breakpoint sequencing

mutations not found previously in other populations shown in bold;

<sup>1</sup> probably no transcript of mutant allele; <sup>2</sup> c.243delTAAATGAATTTTGAATCTTTTGTAAAAGATinsCTGACAAGCGCCTATAGCACTCGAATAATCTTCTCACCCCTAACAGGTCAGCCTCGCTCCAGCCCTCACTAACATTAACGAAAACAACCCACCCCTACTAAACCCATTAAACGCCTAACAATCGGAAGCCTATTTTGCAGGGTTTCTCCATCACCAACAGCATTCTCCCCACATCCACCCCAATGAC

AATCCCACTTACTTAAACTCACAG (premature nonsense codon in bold); <sup>3</sup> shorter transcript of allele with deletion; <sup>4</sup> exon deleted and reading frame shift.



## PART 5

### Mutations of genes unrelated to MMR as a possible aetiological factor in Lynch syndrome

(Based on publication no. 5: The *NOD2* 3020insC mutation and the risk of colorectal cancer [47]\*)

Lynch syndrome generally results from a mutation carrier state in *MSH2* or *MLH1* genes. Occasionally, similar clinical and pedigree characteristics may be due to mutations in a variety of other genes, including *APC* [48], *TGF $\beta$ RII* [49], *CDH1* [50], *EXO1* [51] and *MYH* [52]. With rare exceptions (*EXO1*), tumours from such families do not display MSI. Since mutations in the *NOD2* gene were associated with Crohn's disease (CD) and a risk of colorectal cancer was suggested to be increased in this disorder [53], the author has made an attempt to answer the question whether the carrier state of insertion C could imitate clinical-pedigree characteristics of HNPCC.

The *NOD2* gene comprises 12 exons and encodes a protein of 1040 amino acids [54]. The predicted motifs encoded by the *NOD2* gene suggest that it is involved in the dysregulation of immune function by either affecting a change in the detection or binding of bacterial proteins and/or impaired nuclear factor –  $\kappa$ B [55] signalling. Recently, three common variants have been identified that have been associated with an increased likelihood of CD, two of which are missense changes, and one an insertion mutation. The insertion mutation 3020insC has been shown, when inherited in the homozygous state, to be associated with an almost 20-fold risk of developing CD, whereas if present in the heterozygous state, it increases risk by ~3-fold [56].

The following groups of patients were taken for the studies:

- 156 patients with CRC matching the AMS II criteria or criteria of suspected HNPCC used in our centre but without *MSH2* or *MLH1* constitutional mutations;
- 250 consecutive patients with CRC diagnosed after 50 years of age from families without any clinical and pedigree features, leading to diagnosis of HNPCC definitely or with high probability;
- 50 consecutive patients with CRC diagnosed before 50 years of age from families without any clinical and pedigree features, leading to diagnosis of HNPCC definitely or with high probability;
- 100 CRC patients from the genetic counselling unit (of the International Hereditary Cancer Centre in Szczecin) from families where there were at least two other malignancies diagnosed on the same side of the family that confirmed an undefined cancer family aggregation;

- 300 consecutive newborns from the clinical hospitals of Szczecin.

DNA samples were obtained from the peripheral blood of CRC patients or from umbilical cord blood of newborns. The method described by Ogura [54] was used to identify the 3020insC alteration. The sequences of the PCR products were confirmed by DNA sequencing.

There was no association between carrier-state of 3020insC and prevalence aggregation of malignant adenoma (HNPCC and CFA) and with predisposition to CRC before 50 years of age. In contrast, frequency of that variant was considerably higher in the group of patients with CRC (n=250) diagnosed over 50 years of age than in the group of newborns (OR=2.23; p=0.0046).

The results of the study show that DNA tests detecting the 3020insC mutation can be used to detect increased predisposition to CRC in a group of patients diagnosed after 50 years of age, who came from families without pedigree and clinical characteristics, allowing unequivocal identification of diseases or high probability of it.

### Summarization of results

1. Constitutional mutations of *MSH2* and *MLH1* genes occur more frequently in families with suspected Lynch Syndrome, in which at least one member of the family is diagnosed under the age of 50 years.
2. Denaturing high-performance liquid chromatography shows sensitivity and specificity comparable to sequencing in detection of constitutional changes in *MLH1* and *MSH2* genes.
3. Characteristic features of the constitutional mutations detected in *MLH1* and *MSH2* genes in 78 Polish families with Lynch syndrome are the following:
  - a) Types and frequencies of changes are characteristic for the Polish population; around 50% of them (24 of 50) has been described for the first time;
  - b) The recurrent mutations account for a high percentage – 69.2%, of all mutations; the two most frequent of them are c.943+3a>t in *MSH2* and c.2041G>A in *MLH1*;
  - c) Mutations detected by sequencing or DHPLC account for 91% (71 of 78), and mutations detected by MLPA test (large deletions) account for 9% (7 of 78) of all mutations.
4. Mutations in *MSH2* and *MLH1* genes identified in Poland have been found also in Lithuania.
5. The frequency of *NOD2* 3020insC gene variant in families with HNPCC without mutation in *MLH1* and *MSH2* genes, was not increased. The 3020insC variant in CRC patients diagnosed above the age of 50 was found twice as frequently as in control group.

## Conclusions

1. Effective molecular diagnostics based on detection of the constitutional mutations in *MSH2* and *MLH1* genes is not only possible in families matching the Amsterdam II criteria, but also in HNPCC suspected families, in which at least one member of the family was diagnosed with cancer under the age of 50 years.
2. Application of the DHPLC method for detecting *MSH2* and *MLH1* gene mutations and the use of sequencing for only to confirmation and characterization of changes, contributes to substantial reduction of costs (about 10x) of molecular diagnostics in Lynch syndrome.
3. The results show that DNA screening tests, limited to detection of all mutations described in the present paper, allow identification of the majority of mutations present in *MSH2* and *MLH1* genes in Polish families with HNPCC.
4. DNA tests for detecting *MSH2* and *MLH1* gene mutations in Eastern Europe will probably be based on mutations identified for the first time in Poland.
5. DNA tests for detection of 3020insC in the *NOD2* gene can be used to identify the increased risk of CRC, among patients above 50 years of age from families without any clinical and pedigree features of HNPCC diagnosed definitely or with high probability.

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